

2021TheSenior HubAnnual Report



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The Senior Hub Offices

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RN.

Director



Letter from the Board

Greetings!

As the Senior Hub Board Chair, I am very proud of all the programs and initiatives that our agency provides to enhance the lives of older adults in Adams and Arapahoe counties. In reflecting on the work of 2021 there were many standout moments and heartfelt accounts of client services performed, as we continued to manage the effects of COVID 19, the new Omicron variant, and the return to many key agency programs with the onboarding of new team members.

In 2021, although short lived, we re-opened our Adult Day Service program and provided weeks of respite care to caregivers who take care of loved ones with dementia, day in and day out. We continued to grow the number served in our Food Pantry and our Material Aid programs, as the need for food, personal care items, and material goods held steady due to supply chain issues and post COVID 19 challenges. Our Meals on Wheels partnership with Golden Corral grew in 2021, allowing us to serve a higher quality meal and offer our clients more meal choices. In 2021 we launched our Intergenerational Program and provided resources and family meals to older adult, Spanish speaking, multi-generational households to give them needed support around challenging issues (bullying, substance abuse, mental health, poor academics, etc.)

The Senior Hub is committed to innovative programing and thoughtful aging services initiatives, our Well Elder program born out of COVID 19 has had three iterations and has been a game changer for older adults to have access to free hardware, a software platform, and multiple applications to drive the use of Telecare / Telehealth services.

We are excited to continue educating, serving, inspiring, and empowering older adults and provide services that meet basic food needs; respite care needs; information and resource needs; all while adding depth and breadth in each program area.

The very essential Senior Hub team of professionals is exceptional, they continue to rise to new client needs, and challenges to better equip older adults. We are thankful to our Senior Hub Board of Directors for their ongoing commitment to this community work, and applaud the many funders, donors, community partners and municipalities that support our agency in multiple counties.

With gratitude,

Rene Bullock

Rene Bullock- Board Chair Senior Hub

2021 Revenue

| REVENUE TOTAL | \$2 437 761 | |
|------------------------------|-------------|-----------------------|
| Other | \$ 4,596 | Other, 0.2% |
| Program Income | \$ 27,555 | Program Income, 1.1% |
| Individuals | \$ 71,906 | Individuals, 2.9% |
| Corporation & Foundation Gra | • | Corp. & Found , 29.8% |
| Government Grants & Support | \$1,607,224 | Government, 65.9% |

2021 Expenses

| Food Based Programs |
|----------------------|
| Homecare Services |
| Adult Day Services |
| General & Admin |
| Well Elder |
| Volunteer Initiative |

EXPENSES TOTAL

\$2,533,387

\$

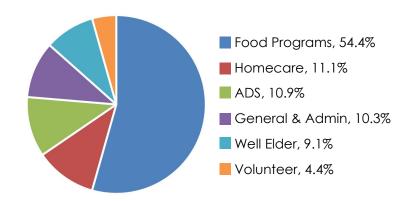
\$1,359,243

\$ 277,146

\$ 271,827 \$ 256,332

\$ 226,259

109,030





Population Growth

| 60+ Population | 2020 | 2030 | % change |
|--------------------------------|------------------------|------------------------|------------------------|
| Denver Metro | 643,912 | 842,390 | 30% |
| Adams | 80,062 | 107,660 | 34% |
| Arapahoe | 128,830 | 165,593 | 28% |
| | | | |
| 75+ Population | 2020 | 2030 | % change |
| 75+ Population Denver Metro | 2020 165,914 | 2030 291,124 | % change 75% |
| · | | | |

Source: Colorado State Demographer

Services Available

Meals on Wheels Program (MOW) - is a

program that provides hot meal delivery and wellness checks five days per week to home bound elders. Meals on Wheels elder adult volunteers manage multiple routes to provide daily, hot meal delivery. During 2020 the Senior Hub redesigned the meal vendor but contracting directly with Golden Corral to prepare the meals under strict dietary guidelines in keeping with best nutrition for older adults. Re-tooling the program in this way allows for more meal variety, ethnically sensitive meals, and specialized meals to better serve older adult recipients. In 2020 the Senior Hub added robust nutritional assessments and 1:1 nutritional counseling, provided by a Registered Dietician to those receiving Meals on Wheels. It is through this increased nutritional focus, older adults benefit from not only daily hot meals, but nutrition education and enhanced menu planning for meals in the household outside of the hot meal delivery the Senior Hub provides. Finally, MOW clients continue to receive frozen meals upon request and blizzard boxes that provide up to thirty days of prepackaged meals in the instances of inclement weather when daily meal delivery is not possible.

Well Elder - Routinify: Technology Support

- is a program that equips older adults with a tablet and wearable watch at no cost to them to increase their Telecare/ Telehealth connections. With the use of the WellAssist tablet and wearable watch, Well Elder clients can access their healthcare provider portal for education, updates, and Telehealth visits. Well Elder clients also receive weekly phone and virtual check-in calls during which community resources, fraud education and end of life materials are shared by Well Elder volunteers. This program increases technology adoption of older adults, provides a mechanism for Telecare/Telehealth connection, enables ongoing elder virtual programming, and allows for two-way communication between trusted community agencies, all critical activities during the height of the 2020 pandemic.

Food Pantry - is a program wherein older adults, who qualify can shop monthly at the Senior Hub location and receive meat, produce, shelf stable items and pet food. Food Pantry clients also receive periodic epical delivery like season food boxes, holiday boxes and specialty vendor items like Parry Pizza, Einstein bagels and others. During the 2020 pandemic the Food Pantry moved to a curbside model and included weekly "Market Nights" in multiple Adams County drive through sites hosted by the Senior Hub.

Homecare Services - is a Colorado certified Class B Homecare Agency (non-medical) providing personal care, respite care, (a break for caregivers) housekeeping, meal prep and other supportive services. Homecare Services relief and respite care is vital to relieve the primary caregivers of the stress associated with caring for a declining, homebound older adult. Family caregivers also attend regular support group meetings through this program and receive community resources (Gerontological Society, Alzheimer's Association, Tri-County Health, and others) to better manage, understand and cope with elder decline, because of numerous disease processes.

Volunteer Initiatives (Formerly S. H.O. U. T)

- is active outreach and recruitment of volunteers of many ages, backgrounds and skill sets that support Senior Hub agency programs and special volunteer initiatives. Unlike years past Senior Hub volunteer efforts in 2020, focused on placing unique volunteers in program areas at the agency, like: Market Nights, Well Elder, Vaccine Testing/Outreach/ Education, Material Aid delivery, and Holiday meal and gift delivery. Fluid volunteer initiatives under the Senior Hub umbrella allow us to be more responsive, relevant, and actionable to community needs much like Pandemic of 2020.

2021 Supporters of The Senior Hub

Bonnie Abendschan AmazonSmile Foundation **Richard & Arlene Arnold** Sarah Babcock Brenda Beebe Norma Darlene & John Berger Michelle Bern Parrish Boren Pat & John Bourdelais Calina Bowman **Terence Boyle BPOE 2307** Jason Brandt Jane Brito David Brodie Douglas & Betty **Brooks** Martha E. Brophy Rene & Debra Hummel Bullock William R Bullock Carrie Burleson Steve Burns Edward Butler Donna Carroll-Griffin Loretta Casey Margaret Cassell Charities Aid Foundation of America Pam Cobb Janis Coffin Lewis & Linda Cook Kellie & Llewyn Cordova Glenn J. & Melissa A. Voeltz Corn Kathleen Cox Terry Davis Elaine Davis Linda Dean Vincent Deforest **Richard Delancey** Robert Deuschle Kimberly Diaz Gino & Susan DiSalle Karen Dodge Amy Dohr Matthew Donahue Lois Doss Judy Dunbar Suzanne Duringer Sally & Robert Ellegood LeRoy Engel Steve & Teresa Felten Kristine Ferguson Brooke & Luke Ferris Lisa Fessman Gerald Fling

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