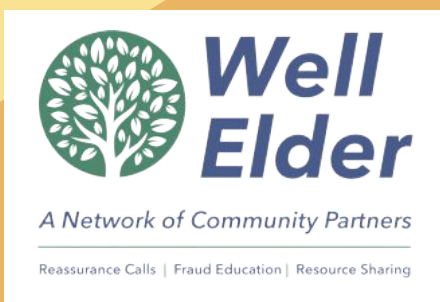


WellAssist Tablet and Wearable

The program is FREE and includes

- Connection to family, friends, and community partners through the WellAssist CareCircle
- A wearable smart watch to monitor health
- Ongoing technical support, as needed
- Zoom enabled calls for weekly check-ins and support
- Scheduled wellness reminders through WellAssist (exercise, medications, nutrition, and hydration)
- Telehealth connection capabilities with your healthcare provider

Contact The Senior Hub to learn more about the
Well Elder–Routinify WellAssist Program



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