

2018

# The Senior Hub Annual Report



## The Board of Directors

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Chair  
*General Manager at  
Brede Exposition Services*

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*Business Manager at  
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College*

**Ms. Stephanie Knight,**  
Executive Director  
*The Senior Hub*

## The Senior Hub Offices

**North Metro Office:**  
303.426.4408  
9025 Grant St. #150  
Thornton, CO 80229

**Adult Day Service:**  
303.287.2400  
2360 W. 90th Ave.  
Federal Heights, CO 80260

# Services Available

**Homecare Services** uses skilled, professional caregivers and volunteers to provide short term, in-home respite care (a break for caregivers) and supportive services for older adults. All staff and volunteers are carefully screened, trained, and insured. We also offer support groups for caregivers and pet care. Our program in Medicaid certified.

**Senior Solutions** is an information and problem solving service for older adults in need of assistance. Senior Solutions also coordinated a food pantry; medical equipment lending service; and a minor home repair program.

**Meals on Wheels** provides nutritious noontime meals delivered six days a week to homebound older adults by friendly delivery volunteers. Two hot meal options and one frozen option are available to choose from. Meals can be suitable for someone on a restricted diet.

**Rural Meals on Wheels** provides nutritious frozen meals delivered weekly or a monthly Market Basket delivery that includes frozen meals along with fresh fruit, vegetables, milk, and staples to old adults in Watkins, Bennett, Strasburg, Byers, and Deer Trail.

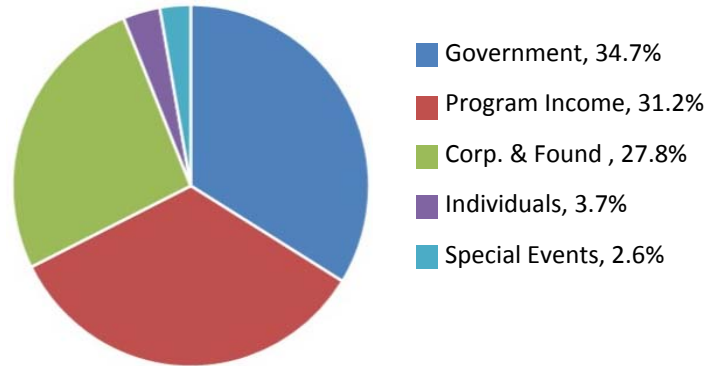
**Adult Day Service** provides a safe place for frail older adults to go during the day to receive social, physical, and cognitive stimulation and supervision, allowing caregivers to work or take time to care for their own needs. Our program is Medicaid certified.

**Retired & Senior Volunteer Program** stimulates the participation of older adults in meaningful volunteer community service. Through RSVP, seniors discover uses for their creativity, energy and their expertise at nonprofit and public sector organizations in their neighborhoods.

## 2018 Revenue

Government Grants & Support	\$398,163
Program Income	\$358,316
Corporation & Foundation Grants	\$319,684
Individuals	\$ 42,376
Special Events	\$ 30,034

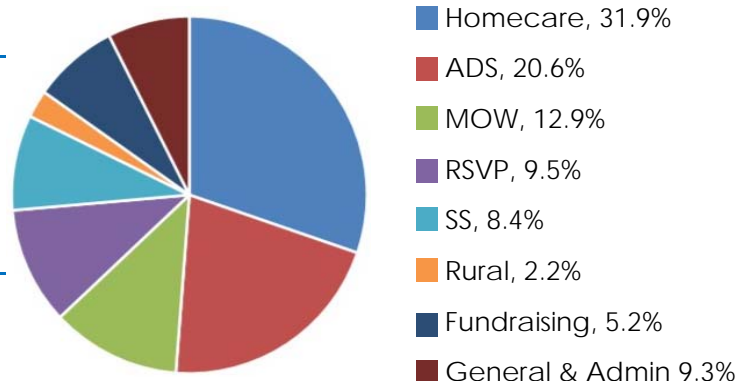
**REVENUE TOTAL \$1,148,573**



## 2018 Expenses

Homecare	\$428,436
ADS	\$276,931
Meals on Wheels	\$172,523
RSVP	\$126,937
Senior Solutions	\$112,877
Rural MOW	\$ 29,572
Fundraising	\$ 70,135
General & Administrative	\$124,742

**EXPENSES TOTAL \$1,342,153**



## Population Growth

60+ Population	2014	2024	% change
Denver Metro	522,092	761,351	45.8%
Adams	68,470	104,709	52.9%
Arapahoe	108,489	161,094	48.5%
75+ Population	2014	2024	% change
Denver Metro	140,142	230,468	65.5%
Adams	18,518	30,992	67.4%
Arapahoe	28,915	48,727	68.5%

Source: Colorado State Demographer

# Message from the Board Chair

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Dear neighbors, friends, and supporters:

The Senior Hub, Inc. is a senior services agency offering support and referral to older adults primarily in the north Denver metropolitan area, and some services in Aurora and the rural eastern I-70 corridor. The mission of The Senior Hub is to advance the quality of life for older adults through advocacy, community partnerships, and a variety of direct services planned to sustain an independent, healthy aging experience.

We serve our mission through a variety of core programs which include Meals on Wheels, SHOUT, Senior Solutions, Home Care Services, and Adult Day Service. Meals on Wheels provides hot meals 6 days a week to homebound seniors. We are also able to provide short term companionship and perform cursory wellness checks during each visit. SHOUT is our senior volunteer program, giving the opportunity for seniors to dedicate their time volunteering to assist other seniors. Senior Solutions is a comprehensive information resource that provides vital service resources for older adults. Home care service is a Colorado class B homecare agency, (non-medical), providing personal care, respite care, housecleaning, meal prep, and other in-home supportive services. The Adult Day Center is a service that provides certified staff able to support half day as well as full day clients with respite care as well as activities designed to keep older adults active and involved. The day care facility provides services to Dementia and Alzheimer's clients by providing programs geared toward the diseases and presented by our Dementia and Alzheimer's certified staff.

2019 has been a busy year and we have some new initiatives that we are pleased to roll out. Our most successful new program is the Senior Tech program where we are training older adults on the benefits of using smart phones and other computer technologies to assist with their daily lives. Using the Uber transportation app to get to and from the grocery store is one example. We have expanded our food pantry to include Colorado farmers with direct distribution to our facility. The Adult Day Service has expanded hours to include weekends, and there are certified Dementia Specialists now on staff to work with the Dementia and Alzheimer's clients.

Our Executive Director and staff have been busy becoming more involved in the aging adult arena. Our staff have been asked to participate in two new programs, one being the "Changing the Narrative" initiative. This is an awareness and communications campaign to create a more just, inclusive and age integrated Colorado. The second initiative is a Home Share Aging Adult Focus Group that our ED has been asked to participate in. This group is hosted by the University of Colorado Anschutz Medical Campus and gives the Senior Hub an opportunity to be recognized as a leader in the field of aging adults.

Future programs include congregate dining sites. We are currently working on funding for this new initiative whereby we create congregate sites throughout our service area for aging adults to come for a hot meal. We are also working with the Aging Academy and are training to be trainers. The Aging Academy is an organization that is teaching older adults how to deal with the challenges, good or bad, that come from aging. The expectation for the Aging Academy project is to be a source of specific information on tackling common problems of aging.

We thank our community for its years of support to our programs and services. We acknowledge our need to be constantly vigilant to rising costs in maintaining our offerings while at the same time we wish to build on our current levels and prepare for growth as the numbers of seniors needing help continue to increase. While we are a fiscally responsible and financially strong organization with reserve funds to aid us in passing through more difficult times, we realize that new funding sources are necessary to ensure our ability to properly subsidize care for all who will need it.

The Senior Hub asks for your aid in funding these programs and the many others we provide to our elders. In the last few years funding has become harder to secure, while our programs continue to grow. If you, the corporation you work for or even friends and acquaintances are looking for a nonprofit to support, please share our information with them.

Thank you!



Ken Williams

Chairman of the Board of Directors

The Senior Hub



# 2018 Supporters of The Senior Hub

1 <sup>st</sup> Bank Center	Jaime Carrasco	Dorothy Garcia	Larry Koch	Old Spaghetti Factory	Henry Staub
Sharif Abdelhamid	Sharon Carroll	Vic Garcia	Hila Koren	Robin Ortiz	Diane and Craig Steele
Bonnie Abendschan	Centennial Lions Club	Charles & Delia Garcia	Theresa Kozney	Sandra Osborn	Linda & Kevin Steeves
Pete & Rosemary Acosta	Edward Charron	Susie Garcia	Don Krieger	Gary Osburn	Beth Anne Steffe
Adams 12 Five Star Schools	Renaé Chavez	Shirley Gardner	Ed Lamare	Carol O'Shaughnessy	Carlene Stewart
Barbara Adams	Ernie & Patricia Chavez	Luana Garron	Carol Lamont	Nancy Ostby	Alan Stewart
Adams County Commissioners	Felipe & Gina Chavez	Genesee Mountain Foundation	Arthur Lampe	Peggy Osuga	Ann Stiles
Adams County (CEG) Foundation	Phil Chavez	Georgetown Loop Railroad	Landry's	Rita Pacheco	Sandy Stover
Community Enrichment	Polly & William Chesson	Irene Gimeno	J.L. Lantis	Rosemarie & Teodor Padalinski	Richard Strand
Adams County Sheriff's Office	Cheyenne Mountain Resort	Gene & Kathy Glasgow	Mary Large	Panera Bread	Cindy Stremel
Adventure Fitness Athletic Club	Bill & Ann Christopher	Glenwood Caverns Adventure Park	Linda Leadbetter	Donna Pankoski	Kathleen Strittmater
Alive for Life Massage	Lisa Ciancio	Golf Aurora	Han Leetang	Parkview Care Center	Stella Strother
Donna Allen	Wilma Cirbo	Golf Westminster	Legacy Ridge Golf Course	Mary & George Patas	Bonnie & James Sueling
Mary Allen	Jan Clendenna	Fred Gonzales	Arlene & William Lehman	Michael Payer	Sandy Sugerman
Allied Recycled Aggregates	Pam Cobb	Lorraine Gonzales	Michael Lemire	Peak Entertainment	Alan & Marjorie Sullivan
Elizabeth & Virgil Alme	Brian Colasunnono	Patricia Gonzales	Mia LeMire	Jamal Pearce	Judd Sundine
Marlene Almond	Colorado Clays Shooting Park	Good Times Burgers & Frozen	Patrice Lentz	Betty Pease	Charlene Sundquest
Alpine Waste & Recycling	Colorado Cowboy Poetry	Custard	Donald & Brenda Lewis	People Helpers	Duncan Swenson
Alternative Auto Care	Gathering	Steven Gordon	Joseph Lindley	Velma & Norman Perreault	David Tabb
Helen Alto	Colorado Respite Care Project	Robert & Marjorie Gordon	Margaret LLOYD	Mark Peters	Patsy Tapia
AMC Westminster Promenade 24	Colorado Symphony Orchestra	Marion Gottschalk	Rosario Lopez	William Peterson	Daniel Tatro
AMG National Trust Bank	Comedy Works	Gina Grapengeter	Geneva Lorenz	Patricia Peterson	Berle & Doris Taylor
American Furniture	Commerce City	Mary Greco	Robert Lothrop	Trudy Peterson	Rhonda Taylor
Ameristar Casino/Resort/Spa	Commerce City Quality	Terry Green	Earl & Hanh Lowe	Tonya Peterson	Les Telfer
Richard Ames	Community Foundation	Kristina Green	Roger Lowry	Loretta Petty	The Clocktower Cabaret
Linda and Keith Anderson	Community First Foundation	Shannon Grimes	Angelina Lucero	Susan Pew	The Colorado Health Foundation
Betty Anderson	Community Reach Center Systems	Marlene Grippa	Richard Lucero	Thelma & Lisa Pfannenstiel	The Dinner Detective
Gloria Anderson	Concrete Washout Systems (CWS)	Teresa Gutierrez	Barbara & Joan Lundstrom	R Pfeifer	The Old Spaghetti Factory
Lois Anderson	ConocoPhillips Co	Tod & Connie Haanes	Marie Lyons	PGA Tour Superstore	John & Mary Thierry
Paul Anderson	Margie Cooke	Russell Haas	Caroline MacGregor	Alecia & Ronald Phillips	Charlene Thomas
Michelle Andrews	Karen Ann Cosens	Irma Haggard	Wendy Machinik	Platte Valley Medical Center CHIP	Joyce Thomas
Animal Assistance Foundation	Jack Cotton	Hair by Jeanette	Elaine Mah	Sharon Pointer	Greg Thompson
Anschutz Family Foundation	Dedra Couey	Pat Hake	Felicia Malone-McCormick	Paulette Poncar	Nancy Thompson
William Apple	Janice Cox	Marguerite & Troy Hale	Lorraine Mandler	Sandra Porth	James Thornburg
Carmen Aragon	Aldaline Crespin	Mary Jane Hall	Emogene Marchand	Jill Powell	Thornton Assistance Fund
Arapahoe County	William & Keenan Culley	Gary Hamilton	Nancy Mardick	Norma Prew	Craig Tierney
Yrimeo Arias	Lynn Culley	Dean & Wilma Hammond	Sidney Markham	PROGRESSH	Alice Tolndness
Sharon & Larry Arnold	Robert & Eizabeth Culp	Robert Harder	Sandra Marshall	Richard Ramirez	Tolison & Williams at Law
Bruce Arroyo Jr.	Clarette Cummings	Deanna Harmant	Carlena & Fernando Martinez	Gloria Reece	Ruben Trujillo
Glenda Ashford	Mary Jean Curtis	Harriet Hart	Kiress Martinez	John & Weymuth Reed	Lydia Trusty
Asti D'Italia	CWS Colorado / Concrete	Hayward	Ginger	Angela and Karsten Reese	Karen and Gregory Tubac
Chris Atencio	Washout Systems	Healing Waters	Luis Martinez	Fawn Reeves	Underwater Phantaseas
Hilarie Austin	Laura Dakini	Nita Heath	Terri Masterson	Paula Reichert	United Power
Steve Austin	Daniels Fund	Judith Helton	Rosalind McCarter	Eric Reinke	Valerie Urano
Priscilla Baca	Terry Davis	Hideaway Steakhouse	Shelby McClintock	Anita Reising	Daniel Valatka
Emily Baca	Nadine Davis	Kathleen Hill	Mary Rose McCourt	Gilbert Reyes	Robert Valdez
Joe Baca	Betty Dean	Hill Foundation	Peggy McCoy	Dolores Ring	Lance & Debra Van Sickle
Bad Daddy's Burger Bar	Renee Dees	Gerry & Joy Hinshaw	Fay & Teresa McCoy	Elias A Rivera	Donald Vanarsdale
Donna Bailey	Genevieve DeFelippis	Harry Hishinuma	Dana McCracken	Dee Roberts	Sheila VanBrienen
Elizabeth Bakerfolk	Lucia Degraives	Historic Georgetown Loop	Deborah McCrery	Rocky Mountain Natural Meats	Annetta M Vickery
Rose Baldassar	Lourinda DeGuiseppe	Railroad	Donald McCune	Rocky's Auto	Jane Ellen Viers
Balistreri Vineyards	Deloitte Community Fund	Christine Hixson	Mary Lou McDaniel	Roberto Rodriguez	Nina Vigil
Bandimere Speedway	Denver Escape Room	Farrel Hobbs	Patty & John McDaniel	Rodizio Grill	Jim Vonachen
Anne Bandy	Denver Marriott / Westminster	Gary Hobbs	Sharon McDaniel	Kathleen Rohling	Vonachen & Associates
Sara Barnes	Denver Mart	Marvin Hoelting	Maxine McDonald	Abie and Jeannine Romero	Voodoo Comedy Playhouse
Mary Barnett	Denver Nuggets / Kronke Sports	Micheel Hoke	Dale McDonald	Michael Romero	Sandra Vowles
Brenda Barton	Denver Young Artists Orchestra	Delois Hollon	Chad & Laurel McGlothlin	Rodrigo Romero	Mr & Mrs Wagner
Bass Pro Shops	Pierre Deseriere	Honnen Equipment	Brenda McGregor	Rose Community Foundation	Maryann Walizareed
Bear Dance Golf Course	Carl & Patricia Di Virgilio	Jean & David Hoover	Rosemary McGuire	Rosita's Mexican Restaurant	Mark & Barbara Walker
EJ Becker	Charles Dillon	Horizon North Credit Union	Bernice McKee	Barbara Roundeau	Robert Wallace
Dee Belsher	Dingo Diner & Spa	Dr. & Mrs. Horsley Horsley	Ruth McKinney	Patricia Russell	Mike & Eleanor Walsh
William & Stephanie Bendel	Dodge Sign Company	Alyssandra Hossler	Cheryl McMillon	Jim Sakurada	James E Walters
Muriel Benjamin	Denise Doyle	D.J. Hubbell	Meals on Wheels America	Joan Salada	John Walton
Max Bernal	DRCOG	Valerie Hunt	Cherylyn Mecca	Stella Salazar	Fay Warrington
Harry Berting	Susan Driscoll	Crystal & Betty Hunter	Charles & Barbara Megaughey	Jose & Carla Salazar	Waste Management
Big City Hunt	Anita Dunlop	Lisa Maire Huskinson	Melwood Horticultural Training	Jacqueline Saldana	Youn Watkins
Tom and Rachel Bjorkman	Patty Dunn	Marge Huslon	Center, Inc.	Jill Samuels	Jill Samuels
Black-eyed Pea	Martina Durack	Hyland Hills Parks & Rec	Mary Menard	Bill Sanchez	Carol & Steve Wegman
Blitz Paintball	Earth Treks Climbing Center	Aheda Iannazzo	Mile High United Way	Jennifer Sanders	Viola Weldon
Paul Bock	Edward Jones Investment	Susana & John Ibarra	Carolyn Miller	Pat & Barbara Sanders	Laura Wells
Gerald Bohl	Ann and Bob Edwards	Illegal Pete's	Martin Miller	Saunders Construction	Sosby Wendy
Boondocks	Jerome Egel	Indian Tree Golf Club	Molly Brown House Museum	Jaunette Sarconi	Glenda Wesley
Gloria Borjon	Nick Eichhorn	INTL FCSTONE	Enid Moore	Pat & Roz Sartorius	Joanna & Ken Westberg
Rick Boselli	Elevation Beer Company	Irish Rose Drafts	Frank Morales	John T Scadden	Westminster (City of)
Wanda and Darrel Boudreaux	Mary Elissa	Iron Mountain Hot Springs	Marion Morrison	Sylvia Schrock	Westminster Legacy Foundation
Pat & John Bourdelais	John Ellis	David Ivie	Mountain View Bank of	John & Eleanor Scott	Beverly White
George & Brenda Bowman	Karen Elrod	Kenneth & Susan Jaramillo	Commerce	Dorothy Segura	Peggy & Ralphine Whitt
A. S. Bowman	Elway's Cherry Creek	Jehn Engineering	Movie Tavern	Sandra Seliga	Charlene Wich
Peggy Boyer	Dennis Emily	Stacey Jennings	Marie Mullane	Shannon & Malone Chapel of	Wild Women Wine
Jeanne Boyles	Jack Ethredge	Margaret Jensen	David Mullin	Peace Funeral Home	Lee Williams
Peggy Brackett	Barb Fair	Darren Jeppson	Linda Mundt	Lori Sharp	Linda Williams
Rosemarie Brady	Feis & Co., P.C.	Dora Jimenez	Robert Murphy	Shelly's Garden Country	Ken & Kathleen Williams
Sherry Brady	Ken Feldman	Charlotte Jimenez	Museum of Contemporary Art	Vickie & Mark Shelton	Linda Willrich
Brannan Sand & Gravel	Kristine Ferguson	Caren Johannes	Denver	Beverly Shepherd	Bonnie Wilson
Anita Brauch	Edith Fields	Trystain Johnson	Winona Musgrove	Carla Sheridan	Sandra Wilson
Brighton (City of)	Ron & Jeanne Filbert	Elizabeth Jones	Sheri & Josip Muskardin	Ruth Shinto	Windsor Gardens Bldg 34 Fund
Brighton Legacy Foundation	Rondald Firebaugh	Shirley Jones	F. B. & E. Nadel	Ruth Shoulders	Harry Winter
David Brodie	First Watch	Jordon Perlmutter & Co	Michael & Janet Nagl	Peter & Mary Shultz	Eleanor Winters
Dorothy Broken Leg	Melanie Fischer	Patrick Joseph	Cherie R Nash	Marna Sikes	Wishbone Family Restaurant
Ann Brothers	Dale Fisk	Randy and Vickie Jost	National Western Stock Show	Janice Simmons	Wanda Wofford
Harvey Brown	Niles & Diane Flanders	Mary June	Faith Nelson	Karen Simpson	Silas Wood
Melissa Brown	Bryar Flores	Kachina Southwestern Grill	Georgia Nelson	David & Sandra Slowey	Carol Workman
Jeanie & Kenneth Brunemeier	Virginia Florez	Debra & Michael Kaldenberg	Eugene Neyens	Lucja Smajlovic	Leroy Wydra
June Bryant	Maria Fonda	Lavenia Kaneta	David & Marilyn Nichols	Frances & Rex Smiley	Ty Yost
Al & Glenice Buechler	Virginia & Harley Fontaine	Barbara Karr	Marlyn Nickelson	Dean Smith	John Young
Buffalo Run Golf Course	Connie Ford	Kim Keil	Felix & Kristi Nickerson	George & Marion Smith	Norm Younger
Ardyce Buntrock	Forney Museum of Transportation	Barbara & Alan Kenney	Peter & Catherine Nielsen	Michelle & Craig Smith	Ed Zuschlag
Debbie Burkhalter	Robert & JoEllen Francis	Joyce Kerrigan	Nancy Nielsen	Susan Smith	
Dorothy Burleeh	David Frauenfeld	Ketchmark	Marion Nielson	Dick & Maria Smith	
Carrie Bureson	Freeman Company	Keystone Place at Legacy Ridge	Paul & Maizie Nilles	Smith Charitable Trust	
California Pizza Kitchen	Michelle Freeman	Kimpton Hotel Monaco Denver	Jonathan Noble	Valerie Sorensen	
Jim Camaren	Kurt A Freeman	King Soopers	North Valley Bank	Diane Sorensen	
Terry Caranva	Mark & Pamela Freund	Tracy Kite	Northglenn (City of)	Brett Spillman	
Jean Joyce Carbutt	Betty Fulton	Madonna Knott	Novartis	Sportsmans Warehouse	
Steve Carlow	Walter & Ann Galligan	Lenoma & Keith Knox	Wanda Oeser	St. Stephens Lutheran Church	