



Adult Day Service
2360 West 90th Ave
Federal Heights, CO 80260



June 2018 Newsletter

Would you be interested in having a Saturday or Sunday off from your caregiving responsibilities? You could go visit friends or go for a ride in the mountains or work in the garden or just take a rest. We are going to be offering weekend hours sometime soon and would like your input.

- Which day or days would be helpful?
- What times?
- How often each month would you be likely to use this service?

Please let us know, thanks! 303 287 2400

Thank You!

The Northglenn/Thornton Rotary Club: for celebrating our May Birthdays!

Thanks to all our volunteers for great service at lunch and with other activities.

Thanks to Dale and Peggy McCoy and Beverly Rayfield for craft supplies.

Wish List

3 boxes of Jello — any flavor

Makings for Banana Splits for 5/11

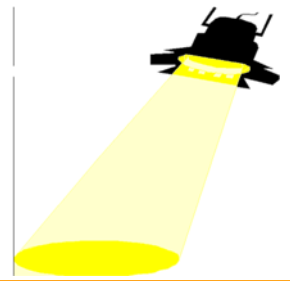
Bubble Stuff

Colored Sand

ModPodge or White Glue



MONTHLY SPOTLIGHTS



Volunteer of the Month



Howard H

One day after I had been toting the big heavy containers that our lunches come in, this gentleman walked into the Adult Day Service and said he was interested in volunteering. I outlined some of the volunteer opportunities we had available: being a best friend to one of our participants, helping serve and clean up lunch, leading an activity, etc. None of those sounded very interesting to Howard. Then I told him that we were looking for someone to come to the Hub, pick up our lunch containers, go to Vibra Hospital and pick up our lunches, and bring them back to us! A Perfect Fit!

Howard is a great guy, compassionate, reliable, and as good as gold. Each Tuesday and Wednesday he faithfully brings us our lunches. Thanks Howard! We so appreciate you.

If you are interested in volunteering at the Adult Day Service, give Nancy a call. I'm sure we can find a good fit for you too!



Participant of the Month Eloise W

Eloise is a great friend and is super example of our Best Friends Approach to

Adult Day. She reaches out to anyone who seems sad and withdrawn and brings them into the group. She is always up to trying something new, knowing that the fun is in the doing, not in the accomplishment. Congratulations to Eloise on being the participant of the month for June!

The Senior Hub will hold its annual **Adams County Commissioners' Golf Tournament** on July 19th. This is our biggest fundraising event of the year. For more information call Renee at 303-426-4408.

Contact Information

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We Are Going On An Outing!

On Tuesday, June 12 we are going on an outing to the Colorado History Museum in Denver with the help of Adams County Lift. We will leave the ADS center at 9:30 AM and return just before lunch.

The bus has room for 10 seated passengers and one wheelchair. We will have two staff and one or two volunteers with the group.

If you are interested in going please let Nancy know as soon as possible.

If there is more interest than our available space, we will schedule an additional trip later in the month. Anyone interested in volunteering to help with this outing please let Nancy know.

The costs of this trip will be covered by your daily rate. The bus is being provided by A-Lift and any donations toward the bus are welcome.

There will be a morning activity at ADS for those participants not attending the outing.



ADULT DAY SERVICE

JUNE 2018

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303-287-2400

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Rice Krispy Treats Garden Talk Exercise	Happy Birthday! Linda S 6/9 Irma 6/17 Eloise 6/13 Karol 6/21	 World Environment Pasta Butterfly Exercise	Storytellers Historical Memories Exercise	1 Nat'l Parks Jell-O Exercise
4	5	6	7	8
11	12	13	14	15
Banana Splits My Favorite Singers Exercise	OUTING*** Father's Day Trading Cards Exercise	Careers Ping Pong Toss Exercise	Garden Pictures First Jobs Exercise	Loteria Bubble Painting Exercise
18	19	20	21	22
Family Feud Sand Jars Exercise	Heroes Decorating the Sun Exercise	Paper Plate Fans Trivia Exercise	Balloon Volleyball "Our Candy" Exercise	Stress Balls Throw Away Exercise
25	26	27	28	29
Events of the 50s BLACK JACK EXERCISE	Music w/ Susan Chalk Art Exercise	Button Bowls Have You Ever? Exercise	Lady Bugs Grandchildren Exercise	Paper Spinners Guess the Song Exercise